

## September 5th/6th

### PREPARATION

Series: BLOW YOUR MIND

Big Idea: Let Jesus... blow your mind

Bible Table Verse:

Romans 12:2 "Let God transform you into a new person by changing the way you think."

Key Point: Jesus can help us when we are angry

Bible Reference:

John 18:10 | Peter & The Ear

You Need:

- Group Guide
- Bible

Win By:

- Having fun
- Connecting spiritually and socially with your Family
- Answer questions too, do not just ask them of your child(ren).

## GROUP FLOW

1. Play ZTV (10 min.)
2. Discussion Time (15 min.)
3. Closing (2-3 min.)

### 1. Play ZTV

A. Watch This Weekend's ZTV as a family: Go to GFCZone.TV

### 2. Discussion Time

1. **ICEBREAKER GAME:** Stand up for (A) or Sit Down for (B)  
Optional: Whoever gets the most right wins a prize (Example prizes: choose their own dessert, later bedtime, etc.)
  1. **What did Peter do when he was angry?** (A) He shrunk (B) He exploded (Correct)
  2. **How did Jesus respond to Peter's anger?** (A) He yelled at Peter (B) He showed Peter a better way (Correct)
  3. **How does the Bible tell us to react when angry?** (A) Listen closely (Correct) (B) Speak first
2. **Our Bible Verse is Romans 12:2** "Let God Transform you into a new person by changing the way you think." Let's start changing the way we think right now. Let's take turns saying things that make us angry, and when I say "Blow Your Mind," let's start saying our favorite takeaway from today's Bible lesson. Open ended.
3. **Have you ever done something out of anger that you wish you could take back?** Open ended
4. **Let's read James 1:19 together:**  
*"My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak, and slow to become angry."*  
What are the three things we should do when upset? Why do you think the Bible tells us to be quick to listen before everything else? What could stop us from doing these three things? Open ended.
5. **Jesus changed our eternity by dying on the cross and raising to life three days later. He can definitely help us change our thoughts. What is something that you are still angry about that you would like Jesus to help you change? What steps can you ask Jesus to help you take today to replace that anger?**  
We can replace our anger with Biblical Truth.  
Truth from today: Luke 22:51 Jesus healed the servant's chopped off ear. Jesus can heal anything, including our hearts, and tough situations.  
**See also: Jeremiah 30:17, Jeremiah 33:6, Philippians 4:19**

### 3. Closing

A. **Prayer: Take Prayer Requests.** Pray out loud with your group, **Thank you God for sending your son Jesus to die on the cross and defeat death for us all three days later so we can change the way we think. We ask for your help to listen closely, speak slowly and anger slowly, in Jesus's name, Amen!**

B. **Big Idea:** Give the cue (ie. 1, 2, 3) Let Jesus...Blow Your Mind!