

THE ZONE

September 5th/6th 1st & 2nd

PREPARATION

Series: BYM 2

Big Idea: Let Jesus... blow your mind

Bible Table Verse:

Romans 12:2 "Let God transform you into a new person by changing the way you think."

Key Point: Jesus can help us when we are angry

Bible Reference:

John 18:10 | Peter & The Ear

You Need:

-Group Guide
-Bible

Win By:

-Having fun
-Connecting spiritually and socially with your group
-Answer questions too, do not just ask them of your group.

GROUP FLOW

1. Icebreaker (2 min.)
2. Verse Memory Game (10 min.)
3. Closing (2-3 min.)

1. Icebreaker

Introduce everybody and the following game:

Stand up/Sit Down Game: Stand up for (A) or Sit Down for (B)

1. **What did Peter do when he was angry?** (A) He shrunk (B) He exploded (**Correct**)
2. **How did Jesus respond to Peter's anger?** (A) He yelled at Peter (B) He showed Peter a better way (**Correct**)
3. **How does the Bible tell us to react when angry?**
(A) Listen closely (**Correct**) (B) Speak first

2. Verse Memory Game

When we say **Let Jesus Blow Your Mind**, we mean, **Let Jesus Change Your Thoughts.**

Verse Memory Game Instructions:

Step 1: Introduce an invisible ball that you will pass around the circle in one direction. Have fun with it, pretend to throw it up and catch it & describe how it looks (How big is it? What color is it?).

Step 2: When I say "Blow Your Mind," you have to pass the ball in the other direction. Try that a couple times.

Step 3: When everyone is used to changing directions on cue, add another level by having them say the Bible Verse (**left side panel**) out loud, repeating after you. Try saying the verse three times while still passing the ball & throwing in the "Blow Your Mind" cue.

Step 4: After the group has said the verse together at least 3 times, you can ask the following **questions**, and whoever has the invisible ball gets to answer.

Questions:

- **What makes you angry?**
- **Have you ever said or done something that you wish you could take back?**
- **What were the three things the Bible said we can do when upset in James 1:19?**
Listen Closely, Speak Slowly & Anger Slowly
 - **Do you think that can be easy or hard? Why?**

3. Closing

A. Prayer: Take Prayer Requests. Pray out loud with your group, **Thank you God for sending your son Jesus to die on the cross and defeat death for us all three days later so we can change the way we think. We ask for your help to listen closely, speak slowly and anger slowly, in Jesus's name, Amen!**

B. Big Idea: Give the cue for you all to do it at the same time (ie. 1, 2, 3)
Let Jesus...Blow Your Mind!

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September 5th/6th 3rd - 5th

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(A) Listen closely (*Correct*) (B) Speak first

2. Conversation Cards

Take out Conversation Cards and lay them Big Idea Side Up. Pick a student to take a card and read it. The Whole Group answers each card.

3. Closing

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