

UNITED YOUTH

*“In All Circumstances”*

1 THESSALONIANS 5:16–18

Group  
Guide



## 1 Thessalonians 5:16-18

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

For this series, we will be in 1 Thessalonians 5:16-18. This small passage has a lot to break down with things like rejoicing always, how to pray, and choosing to be thankful. This group guide will help these messages come alive and allow students to apply these key topics to their lives.

# Week 1

## “Party In The Pain”

1. When was the last time you celebrated? What was it for?
2. Do you think it is possible to be joyful without being happy? Why or why not?  
(The answer is yes. Happiness is a feeling whereas joy is a state of being. We can be joyful knowing that God is good no matter our circumstances.)
3. When you become fearful or start having doubts, what do you do? What should you do?
4. When things are tough, do you struggle with keeping your eyes on God? Why?
5. Take time as a group to read the promises of God.
6. Out of these promises, which do you need the most right now?
7. Pray specifically for each student on the promise that they need the most.

### *GOD'S PROMISES:*

*Comfort (2 Corinthians 1:3-4), Eternal Life (John 4:14),  
Rest (Matthew 11:28-30), Peace (Philippians 4:6-7),  
Supply Our Needs (Matthew 6:33),  
All Things Will Work For Our Good (Romans 8:28)*

## Week 2

### “P-R-A-Y”

1. If there was one thing that you could add to United on a Wednesday night, what would it be? (Leaders please write these down and give them to your campus lead!)
2. Only 22% of Christian teens are actively praying, why do you think that is? What are challenges that you run into when it comes to making time for prayer?
3. Before tonight, did you find prayer to be difficult? Did tonight make it easier for you?
4. Take the remainder of the time to practice P-R-A-Y as a group.

*P - PRAISE (Ask the group for things that they want to praise God for.)*

*R - REPENT (What areas that they need to ask for forgiveness? Leader, start with you.)*

*A - ASK (Ask for prayer request.)*

*Y - YIELD (“God, not what we want, but what you want.” Explain that God’s plan is so much better than our own plans.)*